Land Acknowledgement

Before we begin I would like to read a land acknowledgement. Land Acknowledgement is a formal statement that recognizes and respects Indigenous Peoples as traditional stewards of this land and the enduring relationship that exists between Indigenous Peoples and their traditional territories. To recognize the land is an expression of gratitude and appreciation to those whose territory we reside on, and a way of honoring the Indigenous people who have been living and working on the land from time immemorial. It is important to understand the long existing history that has brought us to reside on the land, and to seek to understand our place within that history. Land acknowledgments do not exist in a past tense, or historical context: colonialism is a current ongoing process, and we need to build our mindfulness of our present participation. It is also worth noting that acknowledging the land is Indigenous protocol. We would like to open our event today by acknowledging that the land on which we gather is the occupied/unceded/seized territory of the Wichita and Caddo Affiliated Tribes. These tribes have stewarded this land throughout the generations and we would like to pay our respects to elders, both past and present.

We also acknowledge that this country would not exist if it wasn’t for the free, enslaved labor of Black people. We honor the legacy of the African diaspora and Black life, knowledge and skills stolen due to violence and white supremacy. While the movement for justice and liberation is building and we are witnessing the power of the people, many are still being met with violence and even being killed. Please join me in a moment of silence in honor of Black and Indigenous ancestors who have passed and who have paved the way for us. Thank you.
Who was your favorite band or song group in high school?
Who was your favorite band or song group in high school?
Courageous Conversations

Ticily Medley, PhD
New Day Psych Svs
March 23, 2021
What prevents you from having courageous conversations in educational or professional spaces?
What prevents you from having courageous conversations in educational or professional spaces (1-3 words)?

Press S to show image
Which Path Do You Take?

• Delay
• Avoid
• Delegate
Intercultural Communication Skills
What do you need in order to have courageous conversations?
What do you need in order to have courageous conversations now? (word or short phrase)
Trifecta

- Empathy
- Self Awareness
- Communication Skills
Trifecta cont’d

Empathy

Self Awareness

Communication Skills
## Courageous Conversation Tools

1. **Empathy** - What can I change in this moment to step into the other person's shoes?

   - 
   - 
   - 

2. **Self-Awareness** - What do I need right now in order to be courageous?

   - 
   - 
   - 

3. **Communication Skills** - What have I heard them say about what they need right now?

   - 
   - 
   - 

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*New Day PSC*

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2021 UNT Equity & Diversity Conference

Presented by: HILTI  In partnership with:

#EDC21atUNT
Affirmations 1

I care about the experiences of people who are culturally different.

Empathy

I treat every student/employee as a future leader.
“I want to learn more about people who are _______.”

“I am ________, and that is a gift.”
Affirmations 3

“Having meaningful, courageous conversations is important.”

Communication Skills

“It is ok to have an imperfect courageous conversation.”
Objectives:

• Identify challenges to having effective courageous conversations
• Identify and explore practical suggestions for engaging in effective courageous conversations that include openness and collaboration
• Provide opportunities to practice effective cultural communication
INTEGRITY IS choosing COURAGE OVER COMFORT; CHOOSING WHAT IS RIGHT over what is FUN, FAST, OR EASY; AND CHOOSING TO PRACTICE OUR VALUES rather than simply PROFESSING THEM.
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